



KEŽMAROK

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SENIOR FRIENDLY



2016 - 2017

2019

2019

2022

The **first mention of the town** dates back to the year 1251.

In 1511, the **first sports association**, a shooting club, was founded in Kežmarok.

In 2021, sport is an integral **part of the life** of the town.

About our town
Kežmarok **European Town of Sport 2022**



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Intergenerational Sport Values and Active aging: Promoting Healthy Lifestyles.

Apart from athletes, around 30% of all residents in the town **are active** in recreational sports.

Kežmarok provides conditions for competitive and recreational **sports programmes within 25 sports.**

The **Leisure Time Centre** runs 33 out of school sports clubs, in which 437 children actively participate.





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more informations:
www.kezmarok.sk/townofsport

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Diversification of sports offer during large grassroots sport events – good practises

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Every summer, the town of Kežmarok, in cooperation with sports clubs, organises 13 sports events called **Kežmarok Sports Days**.

In the **Winter National Games** more than 160 athletes with intellectual disabilities participate.

Every June, Children's Paralympics is held for physically handicapped children and children with other disabilities from Kežmarok district.

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